

# PE Statement

## Long Wittenham C.E. Primary School



*This statement supports the school vision  
Caring For Others And Courageously Striving For Excellence*

### **Purpose**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It provides opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

The school aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

The schools' key learning behaviours; determination, independence, aspiration, curiosity and community-mindedness are promoted in PE lessons. Teachers model our core Christian values of compassion, resilience and trust and foster the development of these in pupils.

In **EYFS** PE is fulfilled by continuous provision and specific activities relating to the PE development matters plus PE sessions twice weekly and Forest School once weekly.

**By the end of Key Stage 1**, children are taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

**During Key Stage 2**, children are taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare performances with previous ones and demonstrate improvement to achieve their personal best.

### **Swimming and water safety**

We provide swimming lessons for all children in Key Stage 2. We teach children to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations.

## **Staffing and Staff Development**

Class teachers are responsible for the provision of the PE curriculum; they work closely with specialist sports coaches and TAs. All teachers and teaching assistants are encouraged to take part in professional development to ensure secure subject knowledge, awareness of health and safety procedures and awareness of current developments in PE.

## **Entitlement**

The school provides Key Stage 1 pupils and Key Stage 2 pupils with at least two hours of high quality Physical Education each week. The organisation of PE in the school ensures that all children have the opportunity to learn to swim.

## **Out of School Hours Learning**

A weekly football club offers opportunities for pupils to participate in sport after school, the daily After-school Club includes a session of outdoor physical activity. Pupils of all abilities take part in sports events including with other schools. Two TAs job-share the role of School Sports Co-ordinator to champion inclusive participation in locality events, and to organise these and inter-house events.

## **Safe Practice**

Teachers make themselves aware of the health and safety arrangements for the areas of activity that they are teaching. The school follows the 'Safe Practice in Physical Education' guidance provided by BAALPE. Pupils are taught how to handle and carry apparatus and resources appropriately. They are taught to recognise hazards, assess the consequent risks and take steps to control the risks to themselves and others. All pupils wear appropriate PE kit, which consists of a white t-shirt and navy/black shorts, a school jumper and tracksuit bottoms, there are procedures in place to support this. Swimming is taught by a qualified ASA teacher, there is a lifeguard present and a qualified poolside adult.

## **Equal Opportunities and Inclusion**

Every pupil has equal access to national curriculum physical education. Learning experiences are differentiated in such a way as to meet the needs of all pupils.

All pupils in the school have equality of opportunity in terms of curriculum balance, curriculum time, use of resources, use of facilities and access to extra-curricular clubs and events.

## **Equipment and Resources**

Resources are regularly reviewed in order to ensure they are appropriate to the range of ages, abilities and needs of all the children in order to enhance learning; they are kept in an outdoor storage shed and in the store cupboard in the hall. Play equipment is available at break and lunch times. The person on duty distributes and monitors use of the equipment.

## **The Learning Environment**

The hall is appropriately cleaned and suitable for bare footwork in dance and gym. The playground area is safe and free from hazards.

## **Continuity and Progression**

Lessons are planned from an annual programme of study which ensures that all aspects of the curriculum are covered. Within each set of lesson activities, there is differentiation for tasks, which ensures continuity for all age groups.

## **Active Play**

Opportunities for active play promoted during break and lunchtimes: a range of play equipment is provided, and decisions about the development of school grounds encourage physical activity.

## **OAA**

All year groups are taught discrete OAA lessons. Year 5 and Year 6 pupils spend 5 days at a residential outdoor activities centre taking part in a wide range of outdoor and adventurous activities.

*November 2021*